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## MANDATORY DISCLOSURE STATEMENT

Law requires that you are provided with information regarding a client's rights. Please read carefully the following information regarding ethical, legal, and financial issues. If you have questions about anything on this form, please discuss it with me before signing the consent statement.

**Name:** Sarah Freeze, LCSW

**Location:** 1221 S Clarkson St, Suite 206, Denver, CO 80210

**Phone:** (303)704-8006

**Sarah Freeze** is a Licensed Clinical Social Worker (LCSW) in the state of Colorado, License #09926638, and a Licensed Clinical Social Worker, License #089561, in the state of New York. Sarah earned a Bachelor of Arts degree in psychology at the State University of New York College at Geneseo and a Master of Social Work degree from Silberman School of Social Work at Hunter College.

Sarah is currently a student of the Adult Psychodynamic Training Program at the Denver Institute for Psychoanalysis. She completed Level 1 and Level 2 of EMDR training in 2018. Sarah is an EMDRIA Certified Therapist and a Consultant-in-Training (CIT). Sarah completed training in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). She has experience treating post-traumatic symptoms as well as other symptoms such as depression, anxiety, and relational conflict. She has worked as a psychotherapist in both agency and private practice settings, as well as a mental health and sober coach.

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The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Social Work Examiners and The Board of Licensed Professional Counselor Examiners can be reached at:

1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800

As to the Regulatory Requirements applicable to mental health professionals:

- Unlicensed Psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- A Certified Addiction Technician must be a high school graduate, complete required training hours, pass the National Addiction Exam, Level I or an equivalent exam, and complete 1,000 hours of supervised experience. A Certified Addiction Specialist must have a bachelor's degree in behavioral health, complete additional required training hours, pass the National Addiction Exam, Level II or an equivalent exam and complete 2,000 hours of supervised experience.
- A Licensed Addiction Counselor must have a clinical master's or doctorate degree, pass the Master Addiction Counselor Exam or an equivalent exam, and complete 3,000 of supervised experience.
- Licensed Social Worker must hold a master's degree in social work.
- Psychologist Candidate, Marriage and Family Therapist Candidate, and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-master's supervision.
- A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

You are entitled to receive information about methods of therapy, techniques, and the duration of therapy, if known. As a client, you are in complete control and may seek a second opinion from another therapist, and/or end our counseling relationship at any point. We, too, have the right to withdraw from your treatment if a conflict arises. In that eventuality, you will be informed and given appropriate referrals.

You have the right to revoke consent, refuse treatment, or terminate therapy at any time. You have the right to be treated with respect and recognition of your need for dignity. You have the right to actively participate with this therapist in creating a personalized plan for your treatment.

Your mental health records may not be maintained after seven years from the date of termination of social work/psychotherapy or date of last contact, whichever is later, pursuant to §12-245-226(1)(a)(II)(A). Your records may be destroyed after seven years in accordance with Colorado law.

Colorado law requires me to inform you that in our professional relationship sexual intimacy is never appropriate and should be immediately reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

The information provided by you during therapy sessions is legally confidential in the case of licensed marriage and family therapists, social workers, professional counselors, and psychologists; licensed or certified addiction counselors; and unlicensed psychotherapists, except as provided in section 12-245-220 and except for certain legal exceptions that will be identified by your therapist should any such situation arise during therapy.

**I have read the preceding information and understand my rights as a client or as the client's responsible party.**

\_\_\_\_\_  
Print Client's Name

\_\_\_\_\_  
Client's or Responsible Party's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
If signed by Responsible Party, please state relationship to client and authority to consent: