

# SARAH FREEZE, LCSW

Psychotherapist & Consultant

1221 S Clarkson St, Suite 206  
Denver, CO 80210  
(303) 704-8006  
sf@sarahfreezelcsw.com

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## AUTHORIZATION FOR THE RELEASE OF INFORMATION

I, \_\_\_\_\_, whose Date of Birth is \_\_\_\_\_, authorize Sarah Freeze, LCSW to disclose to and/or obtain from:

\_\_\_\_\_  
Name of Person, Title, and/or Organization

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone and fax numbers

### Authorization to release the following specific information only:

Verbal summary and discussion of treatment

Record of attendance only

Evaluations/Testing reports

Treatment summary

Complete Medical/Mental Health record

Treatment plan

Diagnosis/Psychiatric conditions

Drug/Alcohol abuse information

Psychotherapy Notes

Other: \_\_\_\_\_

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### The purpose of this release is:

Coordination of care

Treatment planning

Legal issues

Testing/assessment

Condition of court order/parole

At the request of the client

Other: \_\_\_\_\_

Exceptions:

**The authorization will remain in effect until:**

\_\_\_ Revoked by me in writing

\_\_\_ Date (fill in an expiration date/event that relates to the individual or purpose of the disclosure). \_\_\_\_\_

You have the right to revoke this authorization, in writing, at any time by delivering such written notification to Sarah Freeze, LCSW, LLC at 1221 S Clarkson St, Suite 206, Denver, CO 80210. Please note that your revocation will not be effective to the extent that action has already been taken in reliance of this authorization or if this authorization was obtained as a condition of obtaining insurance coverage.

Sarah Freeze, LCSW, LLC will not condition your treatment on whether you give authorization for the requested disclosure.

Unless you have specifically requested in writing that the disclosure be made in a certain format, I reserve the right to disclose information as permitted by this authorization in any manner that we deem to be appropriate and consistent with applicable law, including, but not limited to, verbally, in paper format or electronically.

I understand that this form, when completed and signed by me, authorizes professionals with Sarah Freeze, LCSW to release verbal information or written information from my records to the person/organization designated above. I understand that this may contain references to mental health, treatment progress and/or prognosis:

\_\_\_\_\_ Signature of  
Client/Patient    Date

\_\_\_\_\_ Signature of  
Parent, Guardian or Personal Representative    Date